

Team Entries with Heat and Lane listed (H/L) after each event. Relay swimmers may change.

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Vermont Swim Association 2009 Championships

August 1-2, 2009 Upper Valley Aquatic Center

Team Entries - All Events

WAT Waterbury Rapids-NE

1	Alec Badeau - Male - Age: 17 - Ind/Rel: 1 / 2						
	#36 Men 15-19 50 Free	29.00	1/3	#54 Men 19&U 200 Medley Relay (4)	2:21.98	1/3	
	#106 Men 19&U 200 Free Relay (2)	2:01.73	1/6				
2	Allyson Baitz - Female - Age: 15 - Ind/Rel: 2 / 1						
	#23 Women 15-19 100 Fly	1:24.03	1/5	#35 Women 15-19 50 Free	30.50	1/3	
	#53 Women 19&U 200 Medley Relay (3)	2:16.99	2/1				
3	Elena Bilodeau - Female - Age: 18 - Ind/Rel: 4 / 2						
	#17 Girls Open 500 Free	6:50.66	2/1	#23 Women 15-19 100 Fly	1:17.11	2/2	
	#75 Women 15-19 200 Free	2:32.32	2/2	#99 Women 15-19 100 Free	1:08.39	2/2	
	#53 Women 19&U 200 Medley Relay (4)	2:16.99	2/1	#105 Women 19&U 200 Free Relay (4)	X2:02.91	2/8	
4	Emily Dow - Female - Age: 10 - Ind/Rel: 4 / 2						
	#3 Girls 9-10 25 Free	17.46	4/5	#7 Girls 9-10 25 Breast	23.83	2/5	
	#61 Girls 9-10 25 Back	22.06	4/2	#65 Girls 9-10 50 Free	38.90	2/2	
	#15 Girls 10&U 100 Medley Relay (2)	1:33.12	1/5	#69 Girls 10&U 100 Free Relay (2)	1:20.94	2/8	
5	Erica Dow - Female - Age: 8 - Ind/Rel: 4 / 2						
	#1 Girls 8&U 25 Free	19.41	8/8	#55 Girls 8&U 25 Fly	24.57	3/6	
	#59 Girls 8&U 25 Back	26.12	6/1	#63 Girls 8&U 50 Free	48.67	2/6	
	#13 Girls 8&U 100 Medley Relay (4)	1:38.49	2/8	#67 Girls 8&U 100 Free Relay (1)	1:34.47	2/5	
6	Alice Hammond - Female - Age: 8 - Ind/Rel: 2 / 2						
	#1 Girls 8&U 25 Free	25.79	2/6	#59 Girls 8&U 25 Back	26.91	5/7	
	#13 Girls 8&U 100 Medley Relay (1)	1:38.49	2/8	#67 Girls 8&U 100 Free Relay (4)	1:34.47	2/5	
7	Lauren Harper - Female - Age: 12 - Ind/Rel: 2 / 0						
	#31 Girls 11-12 50 Free	36.50	1/5	#37 Girls 11-12 50 Breast	44.50	1/6	
8	Jamie Heath - Female - Age: 8 - Ind/Rel: 2 / 3						
	#5 Girls 8&U 25 Breast	34.87	1/3	#59 Girls 8&U 25 Back	30.01	2/8	
	#15 Girls 10&U 100 Medley Relay (1)	1:33.12	1/5	#67 Girls 8&U 100 Free Relay (5)	1:34.47	2/5	
	#69 Girls 10&U 100 Free Relay (5)	1:20.94	2/8				
9	Clare Miller - Female - Age: 16 - Ind/Rel: 4 / 2						
	#41 Women 15-19 50 Breast	37.64	3/5	#47 Women 15-19 100 Back	1:13.73	2/6	
	#87 Women 15-19 50 Back	34.79	4/1	#93 Women 15-19 100 Breast	1:21.45	4/7	
	#53 Women 19&U 200 Medley Relay (2)	2:16.99	2/1	#105 Women 19&U 200 Free Relay (2)	X2:02.91	2/8	
10	Finlay Miller - Male - Age: 18 - Ind/Rel: 4 / 2						
	#24 Men 15-19 100 Fly	1:04.53	2/6	#30 Men 15-19 200 IM	2:27.56	2/6	
	#42 Men 15-19 50 Breast	33.17	3/7	#82 Men 15-19 50 Fly	28.23	4/1	
	#54 Men 19&U 200 Medley Relay (1)	2:21.98	1/3	#106 Men 19&U 200 Free Relay (4)	2:01.73	1/6	
11	Innes Miller - Male - Age: 12 - Ind/Rel: 4 / 2						
	#26 Boys 11-12 100 IM	1:32.00	1/2	#38 Boys 11-12 50 Breast	45.81	3/8	
	#78 Boys 11-12 50 Fly	42.50	1/2	#90 Boys 12&U 100 Breast	1:42.00	1/4	
	#54 Men 19&U 200 Medley Relay (2)	2:21.98	1/3	#106 Men 19&U 200 Free Relay (1)	2:01.73	1/6	
12	Callum Osborne - Male - Age: 16 - Ind/Rel: 4 / 2						
	#42 Men 15-19 50 Breast	35.51	2/1	#76 Men 15-19 200 Free	2:06.96	1/4	
	#94 Men 15-19 100 Breast	1:14.95	2/4	#100 Men 15-19 100 Free	56.68	3/3	
	#54 Men 19&U 200 Medley Relay (3)	2:21.98	1/3	#106 Men 19&U 200 Free Relay (3)	2:01.73	1/6	
13	Jessie Sweeney - Female - Age: 16 - Ind/Rel: 4 / 2						
	#23 Women 15-19 100 Fly	1:07.15	3/1	#29 Women 15-19 200 IM	2:30.24	2/4	
	#81 Women 15-19 50 Fly	30.72	5/8	#99 Women 15-19 100 Free	1:01.74	4/3	
	#53 Women 19&U 200 Medley Relay (1)	2:16.99	2/1	#105 Women 19&U 200 Free Relay (3)	X2:02.91	2/8	

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Team Entries - All Events

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14	Amelia Tarno - Female - Age: 7 - Ind/Rel: 1 / 3						
	#59 Girls 8&U 25 Back	29.37	2/3	#13 Girls 8&U 100 Medley Relay (5)	1:38.49	2/8	
	#15 Girls 10&U 100 Medley Relay (5)	1:33.12	1/5	#69 Girls 10&U 100 Free Relay (4)	1:20.94	2/8	
15	Nell Tarno - Female - Age: 10 - Ind/Rel: 2 / 2						
	#3 Girls 9-10 25 Free	16.54	6/2	#57 Girls 9-10 25 Fly	20.96	1/5	
	#15 Girls 10&U 100 Medley Relay (3)	1:33.12	1/5	#69 Girls 10&U 100 Free Relay (1)	1:20.94	2/8	
16	Samantha Wisdom - Female - Age: 7 - Ind/Rel: 4 / 2						
	#5 Girls 8&U 25 Breast	27.00	4/8	#9 Girls 8&U 100 IM	2:14.97	1/6	
	#55 Girls 8&U 25 Fly	30.01	2/8	#59 Girls 8&U 25 Back	27.51	4/5	
	#13 Girls 8&U 100 Medley Relay (2)	1:38.49	2/8	#67 Girls 8&U 100 Free Relay (3)	1:34.47	2/5	
17	Alison Yandow - Female - Age: 10 - Ind/Rel: 2 / 2						
	#3 Girls 9-10 25 Free	18.32	2/3	#61 Girls 9-10 25 Back	22.48	3/5	
	#15 Girls 10&U 100 Medley Relay (4)	1:33.12	1/5	#69 Girls 10&U 100 Free Relay (3)	1:20.94	2/8	
18	Eriks Ziedins - Male - Age: 9 - Ind/Rel: 4 / 0						
	#4 Boys 9-10 25 Free	17.84	3/5	#8 Boys 9-10 25 Breast	25.01	1/4	
	#12 Boys 9-10 100 IM	1:51.00	1/2	#58 Boys 9-10 25 Fly	22.00	1/6	
19	Lilianna Ziedins - Female - Age: 8 - Ind/Rel: 4 / 2						
	#5 Girls 8&U 25 Breast	24.65	5/6	#9 Girls 8&U 100 IM	2:10.88	1/4	
	#55 Girls 8&U 25 Fly	25.17	3/2	#63 Girls 8&U 50 Free	47.08	3/7	
	#13 Girls 8&U 100 Medley Relay (3)	1:38.49	2/8	#67 Girls 8&U 100 Free Relay (2)	1:34.47	2/5	
1	Waterbury Rapids - 'A'			#13 Girls 8 & Under 100 Medley Relay	1:38.49	2/8	
	Alice Hammond; Samantha Wisdom; Lilianna Ziedins; Erica Dow Amelia Tarno;						
2	Waterbury Rapids - 'A'			#15 Girls 10 & Under 100 Medley Relay	1:33.12	1/5	
	Jamie Heath; Emily Dow; Nell Tarno; Alison Yandow Amelia Tarno;						
3	Waterbury Rapids - 'A'			#53 Women 19 & Under 200 Medley Relay	2:16.99	2/1	
	Jessie Sweeney; Clare Miller; Allyson Baitz; Elena Bilodeau						
4	Waterbury Rapids - 'A'			#54 Men 19 & Under 200 Medley Relay	2:21.98	1/3	
	Finlay Miller; Innes Miller; Callum Osborne; Alec Badeau						
5	Waterbury Rapids - 'A'			#67 Girls 8 & Under 100 Freestyle Relay	1:34.47	2/5	
	Erica Dow; Lilianna Ziedins; Samantha Wisdom; Alice Hammond Jamie Heath;						
6	Waterbury Rapids - 'A'			#69 Girls 10 & Under 100 Freestyle Relay	1:20.94	2/8	
	Nell Tarno; Emily Dow; Alison Yandow; Amelia Tarno Jamie Heath;						
7	Waterbury Rapids - 'A'			#105 Women 19 & Under 200 Freestyle	X2:02.91	2/8	
	_____ ; Clare Miller; Jessie Sweeney; Elena Bilodeau						
8	Waterbury Rapids - 'A'			#106 Men 19 & Under 200 Freestyle Relay	2:01.73	1/6	
	Innes Miller; Alec Badeau; Callum Osborne; Finlay Miller						
	WAT Waterbury Rapids-NE Total Individual Entries: 58 - Total Relays: 8						